## Deshler High School Lunch January 2024

"Goooo....Deshler Tigers"

Monday	Tuesday	Wodpodow	Thursday	Enidore
Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Meal Prices	Salad Bar		Chicken Alfredo	Pizza
Employee: \$4.50	Offered Mon-Thus ONLY		or Corndog	or Turkey Sandwich
Visitor: \$5.00	Grab & Go PBJ Sandwich Meal		Broccoli	Green Beans
FREE for all students	Offered Mon & Fri Only		Roll	Carrot Sticks with Ranch
			Romaine Salad	Romaine Salad or Lettuce & Tomato
Milk Offered Daily	www.myschoolbucks.com		Fruit	Fruit
MIL	Convenient access to meal balances,		Brownie	
	purchases, and make payments.		4	5
Chili Crispito	Salisbury Steak with Gravy	Chicken Stew	Breakfast Bar	Pizza Crunchers
or Cheese Sticks	or Chicken Tenders	Grilled Cheese or PB&J	Biscuit or Pancakes	or Ham Sandwich
Lettuce & Tomato	Creamed Potatoes	Crackers	Sausage	Green Beans
Marinara Sauce or Cheese Sauce	Sweet Peas	Broccoli	Eggs	Buttery Garlic Noodles
Seasoned Beans	Roll	Romaine Salad	Hash Browns	Romaine Salad or Lettuce & Tomato
Fruit	Romaine Salad	Fruit	Tomato Slices	Fruit
Dessert	Fruit & Dessert		Fruit & Fruit Juice	
8	9	10	11	12
	Turkey Sandwich	Chili	Turkey Roast & Gravy	Cheese Sticks
	or Chicken Sandwich	Grilled Cheese or PB&J	or BBQ	or Hot Pocket
	Lettuce & Tomato	Crackers	Mac & Cheese	Marinara Sauce
Martin Luther King, Jr. Holiday	Baked Beans	Broccoli	Sweet Peas	Green Beans
	Carrot Sticks with Ranch	Romaine Salad	Roll	Romaine Salad
	Fruit	Fruit	Romaine Salad	Fruit
	Dessert		Fruit & Brownie	
15	16	17	18	19
Chicken Bites	Hamburger	Chicken Noodle Soup	Chili Crispito	Hotdog
or Turkey Sandwich	or Cheeseburger	Grilled Cheese or PB&J	or Turkey Sandwich	or Corndog
Creamed Potatoes	Lettuce & Tomato	Crackers	Lettuce & Tomato	Slaw
Black Eyed Peas	Baked Chips	Broccoli	Cheese Dip & Chips	Green Beans
Roll	Carrot Sticks with Ranch	Romaine Salad	Seasoned Beans	French Fries
Romaine Salad	Fruit	Fruit	Fruit	Fruit
Fruit	Dessert		Dessert	
22	23	24	25	26
Spicy Chicken Sandwich	Salisbury Steak with Gravy	Chicken Spaghetti		This menu is subject to
or Ham Sandwich	or Turkey Roast with Gravy	or Pizza		change due to food shortages
Lettuce & Tomato	Creamed Potatoes	Green Beans		and delivery issues.
Baked Beans	Sweet Peas	Roll		
Baked Chips	Roll	Romaine Salad		Offer Vs Serve
Fruit	Romaine Salad	Fruit		A full meal for a student includes
Dessert	Brownie			3 of the 5 items and must
29	30	31		include a fruit or a vegetable

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